

Sri Hanuman Chalisa

ENGLISH	TRANSLITERATION	HINDI
Having polished the mirror of my heart with the dust of my Guru's lotus feet,	Shree Gu-ru cha-ra-na sa-ro-ja ra-ja Ni-ja ma-nu mu-ku-ru sud-haa-ri	श्रीगुरु चरन सरोज रज निज मनु मुकुरु सुधारि ।
I sing the pure fame of the best of the Raghus, which bestows the four fruits of life.	Ba-ra-naun Rag-hu-ba-ra bi-ma-la ja-su Jo daa-ya-ku pha-la chaa-ri	बरनउँ रघुबर बिमल जसु जो दायकु फल चारि ॥
Knowing this body to be devoid of intelligence, I recall the Son of the Wind.	Bud-hi hee-na ta-nu jaa-ni-ke Su-mi-raun pa-va-na ku-maa-ra	बुद्धिहीन तनु जानिके सुमिरीं पवन-कुमार ।
Grant me strength, wit, and wisdom, and remove my sorrows and shortcomings.	Ba-la bud-hi vid-yaa de-hu mo-hin Ha-ra-hu ka-le-sa bi-kaa-ra Si-yaa va-ra Raa-ma-chan-dra pa-da jai sha-ra-nam	बल बुधि बिद्या देहु मोहिं हरहु कलेस बिकार ॥ ॥चौपाई॥
1 Victory to Hanuman, ocean of wisdom and virtue, Hail Monkey Lord, illuminator of the three worlds.	Ja-ya Ha-nu-maa-na gyaa-na gu-na saa-ga-ra Ja-ya Ka-pee-sha ti-hun lo-ka u-jaa-ga-ra	जय हनुमान ज्ञान गुन सागर । जय कपीस त्रिहुँ लोक उजागर ॥१॥
2 Ram's emissary, abode of matchless power, Anjani's son, named "Son of the Wind."	Raa-ma doo-ta a-tu-li-ta ba-la dhaa-maa An-ja-ni pu-tra Pa-va-na-su-ta naa-maa	राम दूत अतुलित बल धामा । अञ्जनि-पुत्र पवनसुत नामा ॥२॥
3 Great hero, mighty as a thunderbolt, remover of evil thoughts and companion to the good.	Ma-haa-bee-ra bi-kra-ma ba-ja-ran-gee Ku-ma-ti ni-vaa-ra su-ma-ti ke san-gee	महाबीर बिक्रम बजरङ्गी । कुमति निवार सुमति के सङ्गी ॥३॥
4 Golden-hued and splendidly adorned, with heavy earrings and curly locks.	Kan-cha-na ba-ra-na bi-raa-ja su-be-saa Kaa-na-na kun-da-la kun-chi-ta ke-saa	कञ्चन बरन बिराज सुबेसा । कानन कुण्डल कुञ्चित केसा ॥४॥
5 In your hands shine mace and banner, a sacred thread of munja grass adorns your shoulder.	Haa-tha baj-ra au-ra dva-jaa bi-raa-jai Kaan-dhe moon-ja ja-neu saa-jai	हाथ बज्र औ ध्वजा बिराजै । काँधे मूँज जनेउ साजै ॥५॥
6 You are Shiva's son and Kesari's joy, your glory is revered throughout the world.	Shan-ka-ra su-va-na Ke-sa-ree nan-da-na Te-ja pra-taa-pa ma-haa ja-ga ban-da-na	सङ्कर सुवन केसरीनन्दन । तेज प्रताप महा जग बन्दन ॥६॥
7 Supremely wise, virtuous, and clever, you are ever intent on Ram's work.	Vi-dyaa vaa-na gun-ee at-i chaa-tu-ra Raa-ma kaa-ja ka-ri-be ko aa-tu-ra	विद्यावान गुनी अति चातुर । राम काज करिबे को आतुर ॥७॥
8 You delight in hearing of the Lord's deeds, Ram, Lakshman, and Sita dwell in your heart.	Prab-hu cha-ri-tra su-ni-be ko ra-si-yaa Raa-ma Lak-ha-na See-taa ma-na ba-si-yaa	प्रभु चरित्र सुनिबे को रसिया । राम लखन सीता मन बसिया ॥८॥
9 Assuming tiny form you appeared to Sita, and in awesome guise you burned Lanka.	Sooksh-ma roo-pa dha-ri Si-ya-hin di-khaa-vaa Bi-ka-ta roo-pa dha-ri Lan-ka ja-raa-waa	सूक्ष्म रूप धरि सियहिं दिखावा । बिकट रूप धरि लङ्क जरावा ॥९॥
10 Taking dreadful form you slaughtered demons and completed Lord Ram's mission.	Bhee-ma roo-pa dha-ri a-su-ra san-ghaa-re Raa-ma-chan-dra ke kaa-ja san-vaa-re	भीम रूप धरि असुर सँहारे । रामचन्द्र के काज सँवारे ॥१०॥
11 Bringing the magic herb, you revived Lakshman, and Ram embraced you with delight.	Laa-ya sa-jee-va-na Lak-ha-na ji-yaa-ye Shree Rag-hu-bee-ra ha-ra-shi u-ra laa-ye	लाय सञ्जीवन लखन जियाये । श्रीरघुबीर हरषि उर लाये ॥११॥
12 Greatly did the Raghu Lord praise you - Brother, you're as dear to me as Bharat!	Rag-hu-pa-ti keen-hee ba-hu-ta ba-raa-i Tu-ma ma-ma pri-ya Bha-ra-ta-hi sa-ma bhaa-i	रघुपति कीहनी बहुत बड़ाई । तुम मम प्रिय भरतहि सम भाई ॥१२॥
13 "May the thousand-mouthed serpent sing your fame!" So saying, Shri's Lord drew you to Himself.	Sa-ha-sa ba-da-na tum-ha-ro ja-sa gaa-vai A-sa ka-hi Shree-pa-ti kan-tha la-gaa-vai	सहस्र बदन तुहमारो जस गावैं । अस कहि श्रीपति कण्ठ लगावैं ॥१३॥
14 Sanak and the sages, Brahma, gods, and great saints, Narada, Sarasvati, and the king of serpents,	Sa-na-kaa-di-ka Brah-maa-di mu-nee-saa Naa-ra-da Saa-ra-da sa-hi-ta A-hee-saa	सनकादिक ब्रह्मादि मुनीसा । नारद सारद सहित अहीसा ॥१४॥
15 Yama, Kubera, and the guardians of the quadrants, poets and scholars - none can express your glory.	Ya-ma Ku-be-ra di-ga-paa-la ja-haan-te Ka-bi ko-bi-da ka-hi sa-ke ka-haan-te	जम कुबेर दिगपाल जहाँ ते । कबि कोबिद कहि सके कहौं ते ॥१५॥
16 You rendered great service to Sugriva, presenting him to Ram, you gave him kingship.	Tu-ma u-pa-kaa-ra Su-gree-va-hin keen-haa Raa-ma mi-laa-ya raa-ja pa-da deen-haa	तुम उपकार सुग्रीवहिं कीहना । राम मिलाय राज पद दीहना ॥१६॥
17 Vibhishana heeded your counsel and became Lord of Lanka, as all the world knows.	Tum-ha-ro man-tra Vi-bhee-sha-na maa-naa Lan-ke-sh-va-ra bha-ye sa-ba ja-ga jaa-naa	तुहमरो मन्त्र बिभीषन माना । लङ्केस्वर भए सब जग जाना ॥१७॥
18 Though the sun is thousands of miles away, you swallowed it, thinking it a sweet fruit.	Yu-ga sa-ha-sra yo-ja-na pa-ra bhaa-nu Leel-yo taa-hi ma-dhu-ra pha-la jaa-nu	जुग सहस्र जोजन पर भानु । लील्यो ताहि मधुर फल जानू ॥१८॥

19	Holding the Lord's ring in your mouth it's no surprise you leapt the ocean.	Prab-hu mu-dri-kaa me-li muk-ha maa-heen Ja-lad-hi laan-ghi ga-ye a-cha-ra-ja naa-heen	प्रभु मुद्रिका मेलि मुख माहीं । जलधि लाँघि गये अचरज नाहीं ॥१९॥
20	Every arduous task in this world becomes easy by your grace.	Dur-ga-ma kaa-ja ja-ga-ta ke je-te Su-ga-ma a-nu-gra-ha tum-ha-re te-te	दुर्गम काज जगत के जेते । सुगम अनुग्रह तुहमेरे तेते ॥२०॥
21	You are the guardian of Ram's door, none enters without your leave.	Raa-ma du-aa-re tu-ma rak-ha-vaa-re Ho-ta na aa-gyaa bi-nu pai-saa-re	राम दुआरे तुम रखवारे । होत न आज्ञा बिनु पैसारे ॥२१॥
22	Taking refuge in you one finds all delight, those you protect know no fear.	Sa-ba suk-ha la-hai tum-haa-ree sha-ra-naa Tu-ma rak-sha-ka kaa-hu ko da-ra-naa	सब सुख लहै तुहमारी सरना । तुम रच्छक काहू को डर ना ॥२२॥
23	You alone can withstand your own splendor, the three worlds tremble at your roar.	Aa-pa-na te-ja sam-haa-rau aa-pai Tee-non lo-ka haan-ka ten kaan-pai	आपन तेज सहमारो आपै । तीनों लोक हाँक तें काँपै ॥२३॥
24	Ghosts and goblins cannot come near, Great Hero, when your name is uttered.	Bhoo-ta pis-haa-cha ni-ka-ta na-hin aa-vai Ma-haa-bee-ra ja-ba naa-ma su-naa-vai	भूत पिसाच निकट नहीं आवै । महाबीर जब नाम सुनावै ॥२४॥
25	All disease and pain is eradicated, brave Hanuman, by constant repetition of your name.	Naa-sai ro-ga ha-re sa-ba pee-raa Ja-pa-ta ni-ran-ta-ra Ha-nu-mat-a bee-raa	नासै रोग हरै सब पीरा । जपत निरन्तर हनुमत बीरा ॥२५॥
26	Hanuman releases from affliction those who remember him in thought, word, and deed.	San-ka-ta ten Ha-nu-maa-na chu-raa-vai Ma-na kra-ma ba-cha-na dhyaa-na jo laa-vai	सङ्कट तें हनुमान छुड़ावै । मन क्रम बचन ध्यान जो लावै ॥२६॥
27	Ram the renunciant reigns over all - you carry out his every task.	Sab pa-ra Raa-ma ta-pas-vee raa-jaa Ti-na ke kaa-ja sa-ka-la tu-ma saa-jaa	सब पर राम तपस्वी राजा । तिन के काज सकल तुम साजा ॥२७॥
28	One who brings any yearning to you obtains the fruit of abundant life.	Au-ra ma-no-ra-tha jo ko-ee laa-ve So-ee a-mi-ta jee-va-na pha-la paa-ve	और मनोरथ जो कोई लावै । सोई अमित जीवन फल पावै ॥२८॥
29	Your splendor fills the four ages, Your glory is famed throughout the world.	Chaa-ron yu-ga pa-ra-taa-pa tum-haa-raa Hai pa-ra-sid-ha ja-ga-ta u-ji-yaa-raa	चारों जुग परताप तुहमारा । है परसिद्ध जगत उजियारा ॥२९॥
30	You are the guardian of saints and sages, the destroyer of demons, the darling of Ram	Saa-dhu san-ta ke tu-ma rak-ha-vaa-re A-su-ra ni-kan-da-na Raa-ma du-laa-re	साधु सन्त के तुम रखवारे । असुर निकन्दन राम दुलारे ॥३०॥
31	You grant the eight powers and nine treasures by the boon you received from Mother Janaki.	Ash-ta sid-hi nau nid-hi ke daa-taa As-a ba-ra dee-na Jaa-na-kee Maa-taa	अष्टसिद्धि नौ निधि के दाता । अस बर दीन जानकी माता ॥३१॥
32	You hold the elixir of Ram's name and remain eternally His servant.	Raa-ma ra-saa-ya-na toom-ha-re paa-saa Sa-daa ra-ho Ra-ghu-pa-ti ke daa-saa	राम रसायन तुहमेरे पास । सदा रहो रघुपति के दासा ॥३२॥
33	Singing your praise, one finds Ram and escapes the sorrows of countless lives.	Tum-ha-re bha-ja-na Raa-ma ko paa-vai Ja-na-ma ja-na-ma ke duk-ha bi-sa-ra-vai	तुहमेरे भजन राम को पावै । जनम जनम के दुख बिसरावै ॥३३॥
34	At death, one goes to Ram's own city or is born on earth as God's devotee.	An-ta kaa-la Rag-hu-ba-ra pu-ra jaa-ee Ja-haan jan-ma Ha-ri bhak-ta ka-haa-ee	अन्त काल रघुबर पुर जाई । जहाँ जन्म हरिभक्त कहाई ॥३४॥
35	Give no thought to any other deity - worshipping Hanuman, one gains all delight.	Au-ra de-va-taa chi-ta na dha-ra-ee Ha-nu-ma-ta se-ee sar-va suk-ha ka-ra-ee	और देवता चित्त न धरई । हनुमत सेइ सब सुख करई ॥३५॥
36	All affliction ceases, all pain is removed, by remembering the mighty hero, Hanuman.	San-ka-ta ka-tai mi-te sa-ba pee-raa Jo su-mi-re Ha-nu-ma-ta ba-la bee-raa	सङ्कट कटै मिटै सब पीरा । जो सुमिरै हनुमत बलबीरा ॥३६॥
37	Victory, victory, victory to Lord Hanuman! Be merciful even as is the Divine Master.	Jai Jai Jai Ha-nu-maa-na Go-saa-ee Kri-paa ka-ra-hu gu-ru-de-va kee naa-ee	जय जय जय हनुमान गोसाई । कृपा करहु गुरुदेव की नाई ॥३७॥
38	Whoever recites this a hundred times is released from bondage and gains bliss.	Jo sa-ta baa-ra paa-ta ka-ra ko-ee Choo-ta-hi ban-di ma-haa suk-ha ho-ee	जो सत बार पाठ कर कोई । छूटहि बन्दि महा सुख होई ॥३८॥
39	One who reads this Hanuman Chalisa gains success - Gauri's Lord bears witness.	Jo ya-ha pa-rai Ha-nu-maa-na chaa-lee-saa Ho ya sid-hi saa-khee Gau-ree-saa	जो यह पढ़ै हनुमान चालीसा । होय सिद्धि साखी गौरीसा ॥३९॥
40	Says Tulsidas, Hari's constant servant, Lord, make your encampment in my heart.	Tu-la-see-daa-sa sa-daa Ha-ri che-raa Kee je naa -ta hri-da-ya ma-han de-raa	तुलसीदास सदा हरि चरा । कीजे नाथ हृदय मँहँ डेरा ॥४०॥
	Son of the Wind, Banisher of sorrow and embodiment of blessing, Dwell in my heart, King of Gods, together with Ram, Lakshman, and Sita	Pa-va-na ta-na-ya san-ka-ta ha-ra-na Man-ga-la moo-ra-ti roo-pa Raa-ma Lak-kha-na See-taa sa-hi-ta Hri-da-ya ba-sa-hu su-ra bhoo-pa Si-yaa va-ra Raa-ma-chan-dra pa-da jai sha-ra-nam	पवनतनय सङ्कट हरन मङ्गल मूरति रूप । राम लखन सीता सहित हृदय बसहु सुर भूप ॥ ॥दोहा॥